

**The Challenge at Camp Pearl**  
**CHALLENGE COURSE**  
**General Safety Guidelines**

1. No stacking more than two people high.
2. No jumping off events or running on events.
3. No one is to attempt or even touch an event until after the instructor has given the safety considerations, objectives, and parameters of the event and invited the group to proceed.
4. Close-toed, low heel shoes must be worn at all times, i.e. tennis shoes.
5. No one is to step in the middle of another person's back or on the end of a bent knee.
6. Hair long enough to be pulled back must be pulled back, tied, and placed inside of back of shirt.
7. Jewelry of any type including watches and necklaces must not be worn and should not even be brought to the ropes course.
8. Be careful of glasses and contact lenses when participating in events. Restraining straps for glasses are suggested.
9. No gum, candy or other food items are allowed on the course.
10. No knives or other sharp objects are allowed on the course.
11. No smoking, alcoholic beverages, drugs, radios, fireworks, or firearms are allowed in the ropes course area.
12. No one can do an event where they are not tall enough to reach the top rope or cable while standing on the bottom rope or cable.
13. No one can do high courses that cannot properly fit in a harness or if that person is under 80 lbs.
14. People with medical issues that could be aggravated by events may not do those events.
15. Prior to every use of the course the weather forecast should be checked for possible problems with high winds, rain, and electrical storms. Also be aware of current weather conditions. If lightning is present or suspected, all course activity will be ended immediately.
16. The facilitator should be made aware of any health problems participants have that may influence them on the course. This includes allergies to bee stings and poison ivy, as well as asthma, diabetes, heart condition, old injuries with chronic symptoms or recent surgeries.

By signing below, I acknowledge that I have read, fully understood, and will fully comply with the General Safety Guidelines set forth by The Challenge at Camp Pearl. Furthermore, I/we, the undersigned (hereafter referred to as participant) assume all risk and/or hazards associated with participants involvement in The Challenge at Camp Pearl. Participants agree to indemnify and hold harmless Camp Pearl Ministries, it's volunteers, or paid staff or personnel. Participants realize that participating in any Challenge Course can be dangerous. The terrain can be hazardous, there could be wild or domesticated animals present, and climbing or participating on elements can present risk of injury. Participants assume all responsibility by signing below.

Participant Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Legal Guardian Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_